






## February Monthly Calendar

### The Gift of February Moon Cycle: Honor Truth

What does it mean to 'Honor Truth'?  
 I honor what 'IS' as I experience it.  
 I am NOT asked to accept it, or know it better.  
 I am just asked to experience 'it' as 'it' is.  
 I am asked honor the truth of the histories  
     of myself, my family, my culture, and the whole of the world.  
 I am asked to taste what has been laid before me; an abundant banquet  
     of history, experiences, memories.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	February 8 NEW MOON 	9 WAXING	10 WAXING	11 WAXING	12 WAXING	13 WAXING
14 WAXING	15 WAXING	16 WAXING	17 WAXING	18 WAXING	19 WAXING	20 WAXING
21 WAXING	22 FULL MOON 	23 WANING	24 WANING	25 WANING	26 WANING	27 WANING
28 WANING	29 WANING	MARCH 1 WANING	2 WANING	3 WANING	4 WANING	5 WANING
6 WANING	7 CLOSING MOON 					

**NEW MOON:** My vision and intention for this month.

**WAXING MOON:** How I will bring forth my vision and intention.

**FULL MOON:** What I must offer to the world and what I must let go so I manifest the fullness of my being.

**WANING MOON:** How I integrate my intentions, growth, vision and awareness in my life.

**CLOSING MOON:** I notice and reflect on my journey for this month.

## WAXING AND WANING MOON PAGE WORDS

**REVIEW/RELEASE:** Review the time since your last journaling session. Note times of non-alignment and of alignment with your inner Truth. Are there patterns? Choices you would make differently? Release what has been, with gratitude for the lesson.

**ALIGNMENT/AWARENESS:** What showed up in your life recently that supports you on your journey? Has awareness of any pattern or lesson come into your consciousness? Perhaps there is a recurrent symbol or animal totem that is presenting itself?

**APPRECIATION:** What are you thankful for today? Can you find appreciation for the growth that is occurring, even during hard times?

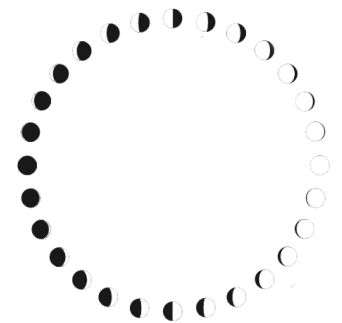
**PRAYER/INTENTION:** Call to mind what you most need or want, to help you on your path today. Then remember that whatever we truly need is already have available to us, .

**MESSAGE:** (Waxing Moon) Be still and open and you may hear exactly what you need to help you on your path at this time. It may be a song lyric, something you read, words from a friend or a quiet voice from within.

**VISION:** (Waxing Moon) How does the Truth of this cycle inform your life? Is there an aspect of your Self that is calling for development or release? Record here images, ideas and memories triggered by today's contemplation.

**LESSON:** (Waning Moon) Let your mind and heart come together to bring into focus what you most need to learn at this time. Perhaps review your writings from the rest of the cycle and open to the wisdom contained therein.

**MANIFESTATION:** (Waning Moon) How is the lesson or the Truth of this cycle coming into play in your life? Are you being called to action, release or new awareness?



**2nd Moon, FEBRUARY NEW MOON: (color Gray)**--all colors show more brightly against a background of gray.  
The February Moon Cycle offers the gift which comes when we Honor Truth, and the gift of the sense of 'taste' as a path-way to come to know how to honor our 'stories' and those of our family of origin, our culture, and the world in which we live. This month, we Honor the Truth by exploring our history with honesty; opening ourselves to receive the wisdom offered in the experience of all that has happened before us.

*Honoring what came before  
Accepting what is now  
Rebirth of vision  
Reclaiming our  
Spirit*

*I remember my stories*

*I honor my journey*

*I learn who I am*

FEBRUARY NEW MOON

February 8, 2016

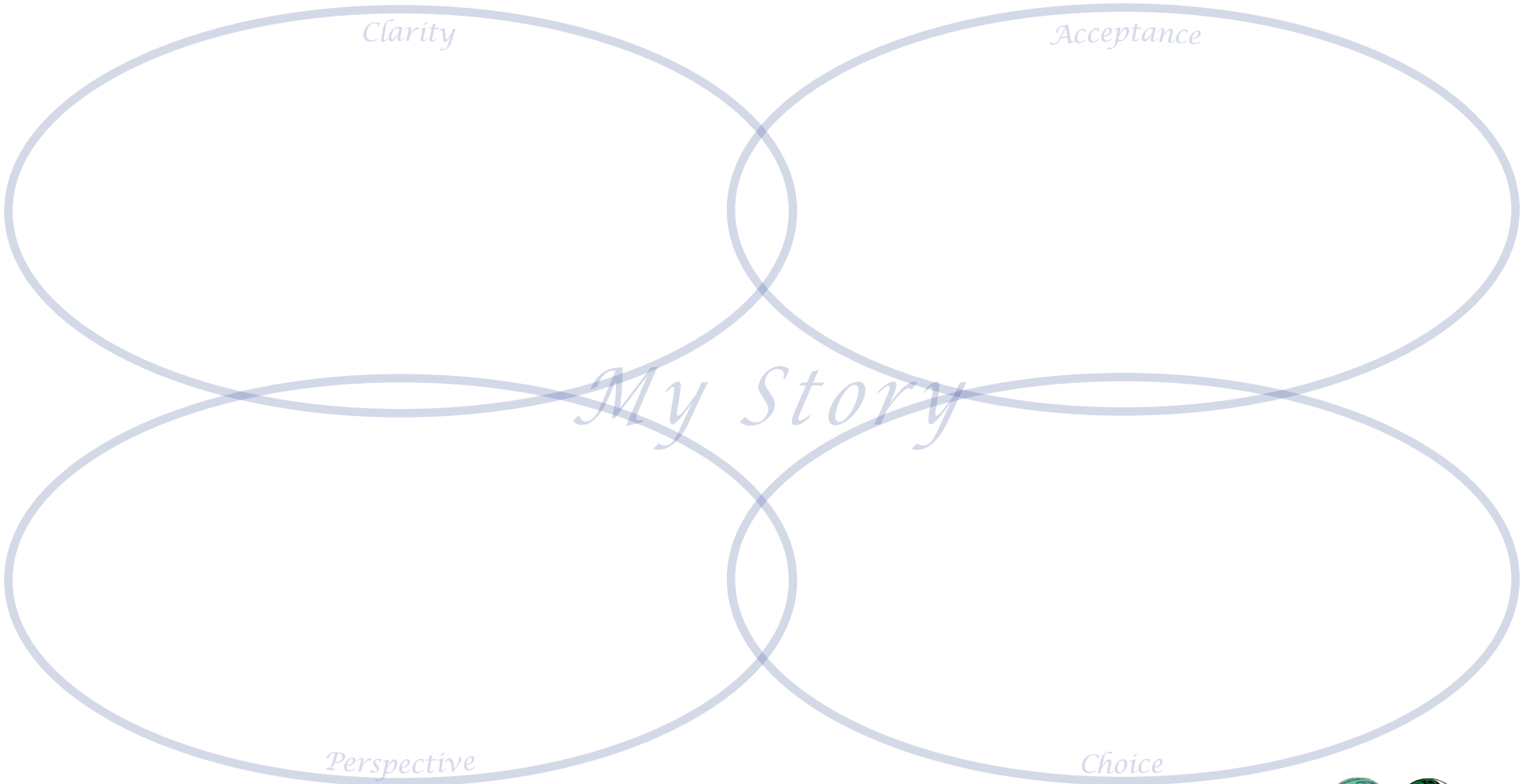
Honor truth



**2nd Moon FEBRUARY WAXING MOON**

Our history is laid out before us like a bountiful banquet. Our task is to choose what we will taste from the multitude of options. Will we gorge ourselves on our past? Will we deprive ourselves by avoiding what we fear tasting? Or, will we take time to view this banquet of the life we have lived so far, asking for Guidance about what to taste and what to let alone? How discerning is our sense of 'taste'?

*We have been given the gift of time so our passages and our growth can be fully experienced*



FEBRUARY

Waxing Moon

Date(s):

*Review/Release*

*Message*

*Gratitude/Appreciation*

*Release the patterns that no longer serve you*

*Alignment/Awareness*

*Vision*

*Prayer/Intention*

Waxing

The meaning of Honor Truth

Date(s):