



Dr. Carolyn J Faivre

Knowledge * Hope * Balance * Change

July Moon Cycle

How the general energy of these three moon cycles supports us:

1. Awareness of subtle energy and the sound of god (great mystery)
2. Presence of self in connection with nature and all that is
3. Experiencing the space between the void
4. Connecting with child energy-our own and of children
5. Fertilizing our potential

Recommended Aspect to work with during this season: Relationships

Additional Suggested Aspects/Elements: Creative/Work-Career

Love in all its forms is the message of this cycle. Use the energy of this cycle to work consciously with your own concept of love. Ask and explore: How do I love in all Four Aspects of Self, as well as all aspects of love: sexual love, parental love, Divine love, altruistic love, Eros or Agape? In this cycle where the focus is concerned with how YOU love all things, you can be sure you will also encounter many opportunities to practice forgiveness, both toward yourself and toward others.

Forgiveness as an aspect of love deserves a bit of explanation. Forgiveness means to give back to another the responsibility for their actions. It does not mean holding on to another's actions as an excuse to be a victim, or to not get on with your life. So long as we carry around the wrongs we feel have been done to us, we cannot have the energy to move forward in our life-to grow ourselves in relationship or in our creative potential. Success in the practice of forgiveness is in many ways a precursor to being able to truly love. Each of the previous moon cycles, offers teachings, suggestions and opportunities, that if practiced, help us to experience the energy of this cycle which is 'Love'.

The Element of work/career in the Creative Aspect is a choice for focus during the July moon cycle. How we love is strongly connected to the form of abundance and fulfillment in our work. There are so many books, programs, and theories focus on work and career. Ever hear the phrase: "Do what you love and the money will follow"? There are even a number of books with that title, by as many different authors (I confess I haven't read any of them-at least cover to cover). How true that statement is may be more connected with 'how we love' rather than 'what we love', and that is the focus for this month and why it can be a powerful energy for working with your work/career.

St. Teresa of Avila said "It is love alone that gives worth to all things". And in her writing in The Interior Castle: "*If you want to make progress on the path and ascend to the places you have longed for, the important thing is not to think much but to love much, and so to do whatever best awakens you to love.*" (Translation by Maria Starr, 2003, Riverhead Books, New York, NY. See Resources).

Whatever Aspect and Element has your focus this month, the 'how' of what we do builds relationships, fosters our creativity and connects us to both our inner and outer souls. This may sound like an esoteric statement, but it is actually straightforward and simple when put into practice.

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