



Dr. Carolyn J Faivre

*Knowledge * Hope * Balance * Change*

April Moon Cycle - 2nd Moon of the Spring Season

How the general energy of these three moon cycles supports us:

1. Caring for the home and energy of the home
2. Hospitality toward self and others
3. Bringing in new life-new forms into our life
4. Connecting with the energy of renewal
5. Making and keeping commitments

Recommended Aspect to work with during this season: Collective

Added Aspects/Elements for the April Moon: Creative/Finances; Collective/Community; Collective/World; and Outer Soul

Specific focus for this month: We move now into the springtime energy of the fourth moon cycle, which stimulates us to connect to the 'SEER' within. This ability truly is available to everyone who is willing to develop discipline and focus, making it not only possible for us to manifest our life to its' fullest extent, but probable. Jamie Sams, author of Earth Medicine, writes succinctly about this: "Every thought has a life force, depending on how much **feeling** is connected to within the person. If the person envisions the thought, the mind's eye also adds life force to that idea by creating a picture or **vision**. If the thought has **deep emotion** and **imagination** connected to it, there is a very good chance the Dreamer or Visionary will be able to make that thought come to fruition." (Pg. 90, Earth Medicine, 1994 Harper Collins, N.Y. see Resources)

The focus within the Circle of Self® is to bring awareness about our beliefs and align them with truths rather than assumptions, and to clarify purpose and intention. As we develop vision we gain foresight as well as far-sight. We then can manifest the goals that spring from this Vision. This involves focusing in on one Element of one Aspect while also maintaining awareness of the four Aspects of our Self-from the Personal to the Collective. By gaining as much clarity, purpose and vision for one Element of one Aspect of our Self, we simultaneously gain clarity about the entirety of our life. I have observed this phenomenon in my own life as well as in the lives of many of those whom have shared some of their life journey with me. For example, if we are depleted in our physical lives it is likely we will also find other areas of our lives depleted: our finances or our friendships. Our garden isn't flourishing. We don't have the necessary resources to complete a project, etc. To have clarity requires that we be willing to see how our beliefs, judgments, and points of view either bring a shadow to or enlighten how we envision our lives.

This is the month to become crystal clear about your calling or life purpose. If it is hard to think of a 'life purpose' begin by substituting the words 'my intention'. Try this: What would you like to see written on your epitaph...out in the future to the end of your days. See this epitaph clearly written in stone. Now, what would need to happen in order for this statement to be true? What is needed to support you in creating this as reality in your life? What is the role of self-discipline, focus, community, willingness to receive support? This is the work of the essence I refer to as the 'Outer Soul' one of the focuses which the rhythm of this moon cycle supports. Who or what would you need to bring into your life to support your success in living this epitaph? Who or what do you need to release or unburden yourself from? If you find that your epitaph is demeaning or belittling of your life, or sad or unfulfilled, then it may be that archetypal energy of saboteur or victim needs to be addressed. It may be time to seek some outside support in terms of counseling, spiritual

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direction or a life coach.

I invite you to read about the Clan Mother of the Fourth Moon Cycle, Looks Far Woman, in **The 13 Original Clan Mothers** by Sams (Harper Collins 1994, See Resources). Sams storytelling about the journey required to become a seer is cautionary, inspiring and encouraging all at the same time. It also reminds me that we are not meant to do this journey alone. It makes sense the Collective Aspect, Elements of Community and World are suggested Elements to focus on for this month. Can you continue to invite others who can support your intentions to join you on your journeys? Are you also willing to see that in the pain of life and the challenges you have there is ALWAYS within that pain, a gift, or an opening for incredible growth and freedom? Yes, and sometimes it takes a lot of work and another set of eyes to help us get even a glimpse of that truth. But once it happens--WOW.

The final Aspect/Element for this month is the Creative Element of Finances. If you struggle with money issues you take advantage of the focus for moon cycle and create a clearer vision and purpose for your financial self. Seek some outside support from a money coach or financial advisor to support changing your relationship with money.

The colors associated with the April moon are the colors of the rainbow, or iridescence. This color scheme presents the energy of a hologram. If we are willing to connect to our inner knowing and discipline ourselves to stay focused, we will flourish and create abundance in wherever we direct that focus. Find a good cut crystal sun-catcher and hang it in an Eastern window. That way you can catch April's wisdom every morning.