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*Knowledge * Hope * Balance * Change*

March Moon Cycle

How the general energy of these three moon cycles supports us:

1. Caring for the home and energy of the home
2. Hospitality toward self and others
3. Bringing in new life-new forms into our life
4. Connecting with the energy of renewal
5. Making and keeping commitments

Recommended Aspect to work with during this season: Collective

Additional Suggested Aspects/Elements: Collective/Home; Relationship/Children

This is the first of the three cycles for the season of spring. New growth will start for all living things-including us. In this cycle we will look at truth from many different aspects to insure our growth is balanced and in proportion. Balanced growth requires the development of the attribute of discernment rather than the use of judgment in relationship to all Four Aspects of the Self. The color for this cycle is yellow, and reflects the third chakra, relating to the solar plexus, sense of self, and self esteem.

In The Celtic Way of Seeing, Meditations on the Irish Spirit Wheel (see Resources), Frank MacEowan writes about how this cycle of the east, in the springtime, relates to everything to do with 'Home'-how our home reflects our sense of self, how we care for our home, how home is a place for our own resting and safe-keeping as well as for welcoming others into our life with more openness and intimacy. In the larger sense, the concept of 'home' also refers to Mother Earth, our planetary home. It is not surprising then, that the Collective Aspect is the focus for this seasonal cycle. In March, the suggested Collective Element is Home. Perhaps a good time to spring clean before we are called to be out of doors when the weather breaks and nature beckons in April and May. How is your home environment supportive of your personal Circle of Self? How does it represent the Aspects of your Self in your growth so far?

The Relationship Aspect/Children is the other Element which benefits from this moon cycle energy. As the season on new growth, birth and renewal begins, you may begin working with this cycle in terms of your relationship with your own childhood. In popular psychology we use the term: 'inner child'. Taking time to explore your beliefs about your own childhood, the truth of your childhood memories and memories of your childhood home (the culture related to that home-life) can be a good preparation for working more deeply with your Relationship Aspect of Self the focus for the season of summer.