



Dr. Carolyn J Faivre

*Knowledge * Hope * Balance * Change*

December Moon Cycle

How the general energy of these three moon cycles supports us:

1. Integrating our conscious and unconscious knowledge
2. Address our addictions
3. Experience warrior energy needed to work with the 'rough places' in our lives
4. Work with our feelings of pride
5. Hibernation/a time for incubation, reflection, preparation

Recommended Aspect to work with during this season: Creative

Additional Suggested Aspects/Elements: Inner Soul; Collective/Community

December Moon Cycle takes us into the first month of the seasonal cycle of the North/Winter, the middle of which is the celebration of the winter solstice. This first lunar cycle of winter reminds us of our connection and relationship to all things. (an invitation to work with the Collective Aspect/Element of Community Self) It sets the rhythm for coming together and being in relationship with ourselves, one another human beings, animal and plant life and our planet.

In The Celtic Way of Seeing, Frank MacEowen writes "The archetypal figure sitting in the north of the Irish Spirit Wheel is the warrior, who can have an actualized and enlightened expression that leads to peace, discipline, and personal refinement or an imbalanced expression that can lead to violence, unconscious conflict, and even bloodshed." (Pg. 106, See Resources)

The Clan Mother for this moon cycle goes by the name of 'Gives Praise' (Jamie Sams, The Thirteen Clan Mothers, 240-258; See Resources). This grandmother moon carries the energy of both gratitude for what is before us, and for the lessons we have learned and integrated into our psyche and lives. We are invited to remember the abundance that can come in all forms through the practice of living a life of gratitude and by facing our addictions and challenges with open eyes as well as open hearts. Gratitude helps us to overcome the habit of negativity.

Since the energies of the north are energies of the warrior, then all of the qualities needed to be a warrior come into play, and the training necessary to become a warrior is presented to us as well. We must confront our weakness (addictions) and hone our skills, refine ourselves so that we become astute and aware. All the 'stuff of life' which takes us out of balance and off track must be addressed in order to utilize the energy of the archetypal warrior from the enlightened rather than shadow side. The energy available to us in this particular cycle supports both seeing our challenges and blessings with the same set of eyes. We are called to have gratitude for, and see the potential in, both the hardships and the blessings life brings us. If we can do this, we gain the potential to hone and manifests gif our own personal gifts, which we may not yet given sufficient attention to develop. This is the focus for work with our Inner Soul.



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